Iowa State University Creamery
536 Farm House Ln., Ames, IA 50011
Plant #19-193
creamery.iastate.edu

INGREDIENTS:

TRIPLE CHOCOLATE COOKIE (Bleached Wheat Flour Enriched [bleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], Malted Barley Flour, White Chocolate Chips [sugar, palm kernel oil, dry whole milk, nonfat dry milk, natural flavor, soy lecithin], Butter [pasteurized cream, natural flavor], Brown Sugar, Sugar, Eggs, Semisweet Chocolate Chips [sugar, chocolate, cocoa butter, milkfat, soy lecithin, natural flavors], Cocoa, Vanilla [water, caramel color, vanillin, ethyl vanillin, and 0.1% potassium sorbate], Food Starch - Modified, Salt, Baking Powder [corn starch, sodium bicarbonate, sodium aluminum sulfate, monocalcium phosphate], Baking Soda, TWO SWANS ICE CREAM (Whole Milk, Cream, Sugar, Nonfat Milk, Contains 2% Or Less Of: Egg Yolks, Whey, Natural and Artificial Flavor, Locust Bean Gum, Guar Gum, Carrageenan, Dextrose).

CONTAINS: MILK, EGGS, SOY, WHEAT.

PRODUCED IN A FACILITY THAT HANDLES: PEANUTS, WHEAT, MILK, EGGS, SOY, TREE NUTS.

Nutrition Facts

Serving size
1 Sandwich

Calories per serving 460

Amount/serving	% Daily Value*
Total Fat 21g	27%
Saturated Fat 12g	60%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 300mg	13%

Amount/serving	% Daily Value*
Total Carbohydrate 63g	23%
Dietary Fiber 0g	0%
Total Sugars 63g	
Includes 62g Added Sugars	124%
Protein 5g	

Vitamin D 0mcg 2% • Calcium 46mg 4% • Iron 0mg 0% • Potassium 61mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.