

Iowa State University Creamery
536 Farm House Ln., Ames, IA 50011
Plant #19-193
creamery.iastate.edu



INGREDIENTS:

CHOCOLATE CHIP COOKIE (Bleached Wheat Flour Enriched [bleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], Malted Barley Flour, Dark Chocolate Chips [chocolate liquor, sugar, cocoa butter, butterfat (milk), soy lecithin, vanilla extract], Semisweet Chocolate Chips [sugar, chocolate, cocoa butter, milkfat, soy lecithin, natural flavors], Butter [pasteurized cream, natural flavor], Brown Sugar, Sugar, Eggs, Vanilla [water, caramel color, vanillin, ethyl vanillin, and 0.1% potassium sorbate], Food Starch - Modified, Salt, Baking Powder [corn starch, sodium bicarbonate, sodium aluminum sulfate, monocalcium phosphate], Baking Soda, TWO SWANS ICE CREAM (Whole Milk, Cream, Sugar, Nonfat Milk, Contains 2% Or Less Of: Egg Yolks, Whey, Natural and Artificial Flavor, Locust Bean Gum, Guar Gum, Carrageenan, Dextrose).

CONTAINS: MILK, EGGS, SOY, WHEAT.

PRODUCED IN A FACILITY THAT HANDLES: PEANUTS, WHEAT, MILK, EGGS, SOY, TREE NUTS.

Nutrition Facts

Serving size
1 Sandwich
Calories
per serving

420

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 19g	24%	Total Carbohydrate 59g	21%
Saturated Fat 11g	55%	Dietary Fiber 0g	0%
Trans Fat 0g		Total Sugars 59g	
Cholesterol 75mg	25%	Includes 59g Added Sugars	116%
Sodium 280mg	12%	Protein 1g	

Vitamin D 0mg 2% • Calcium 46mg 4% • Iron 0mg 0% • Potassium 61mg 2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.