



# ABC Blueberry Ice Cream with Strawberry Swirls and Cheesecake Pieces

## Nutrition Facts

90 servings per container

**Serving size 1 Scoop (66g)**

Amount per serving

**Calories 140**

% Daily Value\*

**Total Fat 7g 9%**

Saturated Fat 4.5g 23%

Trans Fat 0g

**Cholesterol 35mg 12%**

**Sodium 35mg 2%**

**Total Carbohydrate 16g 6%**

Dietary Fiber 0g 0%

Total Sugars 14g

Includes 11g Added Sugars 22%

**Protein 2g**

Vitamin D 1mcg 6%

Calcium 79mg 6%

Iron 1mg 6%

Potassium 64mg 2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## INGREDIENTS:

WHOLE MILK, CREAM, SUGAR, STRAWBERRY WAVE (CORN SYRUP, SUGAR, STRAWBERRIES, WATER, PROPYLENE GLYCOL ALGINATE, NATURAL FLAVORS, CITRIC ACID, SALT, POTASSIUM SORBATE, DISODIUM PHOSPHATE, RED #40, BLUE #1), CHEESECAKE (CREAM CHEESE FILLING [SKIM MILK, PALM OIL, CHEESE CULTURE, CONTAINS 2% OR LESS OF BUTTER FAT, CAROB BEAN GUM, CITRIC ACID, CREAM, GUAR GUM, LACTIC ACID, MILK, NATURAL FLAVOR, SALT, SODIUM STEAROYL LACTYLATE, VITAMIN A PALMITATE, XANTHAN GUM], SUGAR, CREAM CHEESE [MILK, CREAM, CHEESE CULTURE, SALT, STABILIZER [CAROB AND/OR XANTHAN AND/OR GUAR GUMS]], WHOLE EGG [WHOLE EGG, CITRIC ACID], GRAHAM CRACKER CRUMBS [ENRICHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, GRAHAM FLOUR, SUGAR, PALM OIL, BROWN SUGAR, NONFAT DRY MILK, HONEY, SALT, BAKING SODA AND NATURAL FLAVORS], STABILIZER [XANTHAN AND/OR GUAR AND/OR GELLAN GUMS], CINNAMON, CHOPPED LEMON PEELS, NATURAL FLAVORS), NONFAT MILK, CONTAINS 2% OR LESS OF: EGG YOLKS, WATER, WHEY, LOCUST BEAN GUM, GUAR GUM, CARRAGEENAN, DEXTROSE, NATURAL FLAVORING, BLUE #1, RED #3.

CONTAINS: MILK, EGGS, WHEAT.

PRODUCED IN A FACILITY THAT HANDLES:  
PEANUTS, WHEAT, MILK, EGGS, SOY, TREE NUTS.

**3 GALLONS (11.34 L)**

Iowa State University Creamery

536 Farm House Lane, Ames, Iowa 50011

Plant # 19-193