

Nutrition Facts

Serving size 1 Scoop (66g)

Amount per serving

Calories 160

% Daily Value*

Total Fat 8g 10%

Saturated Fat 4.5g 23%

Trans Fat 0g

Cholesterol 35mg 12%

Sodium 65mg 3%

Total Carbohydrate 18g 7%

Dietary Fiber 0g 0%

Total Sugars 15g

Includes 10g Added Sugars 20%

Protein 2g

Vitamin D 1mcg 6%

Calcium 82mg 6%

Iron 1mg 6%

Potassium 80mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

WHOLE MILK, CREAM, SUGAR, GRAHAM CRACKER WAVE (graham cracker crumb [unbleached unenriched wheat flour, graham flour, sugar, palm oil, molasses, honey, salt, baking soda], soybean oil, powdered sugar [sugar, cornstarch], coconut oil, mono & diglycerides, soy lecithin, salt), APPLES, NONFAT MILK, CONTAINS 2% OR LESS OF: EGG YOLKS, WATER, WHEY, NATURAL FLAVOR, LOCUST BEAN GUM, GUAR GUM, CARRAGEENAN, DEXTROSE.

CONTAINS: MILK, EGGS, SOY, WHEAT.

PRODUCED IN A FACILITY THAT HANDLES: PEANUTS, WHEAT, MILK, EGGS, SOY, TREE NUTS.