

Nutrition Facts

Serving size 1 Scoop (66g)

Amount per serving

Calories 140

% Daily Value*

Total Fat 8g 10%

Saturated Fat 5g 25%

Trans Fat 0g

Cholesterol 35mg 12%

Sodium 35mg 2%

Total Carbohydrate 16g 6%

Dietary Fiber 0g 0%

Total Sugars 14g

Includes 11g Added Sugars 22%

Protein 3g

Vitamin D 1mcg 6%

Calcium 81mg 6%

Iron 2mg 10%

Potassium 63mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

WHOLE MILK, CREAM, SUGAR, NONFAT MILK, CHOCOLATE FLAKES (sugar, palm kernel and palm oils, cocoa processed with alkali, chocolate liquor, soy lecithin), CONTAINS 2% OR LESS OF: EGG YOLKS, WATER, WHEY, LOCUST BEAN GUM, GUAR GUM, CARRAGEENAN, DEXTROSE, YELLOW #5, BLUE #1, NATURAL FLAVOR.

CONTAINS: MILK, EGGS, SOY.

PRODUCED IN A FACILITY THAT HANDLES: PEANUTS, WHEAT, MILK, EGGS, SOY, TREE NUTS.