Nutrition Facts

Serving size

1 Scoop (66g)

Amount per serving Calories

120

	% Daily Value*
Total Fat 5g	6%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 40mg	2%
Total Carbohydrate 16g	6%
Dietary Fiber 0g	0%
Total Sugars 13g	
Includes 9g Added Sug	gars 18%
Protein 3g	
Vitamin D 1mcg	6%
Calcium 85mg	6%
Iron 1mg	6%
Potassium 111mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WHOLE MILK, YOGURT, CREAM, SUGAR, RASPBERRY WAVE (sugar, seedless raspberry puree, water, pectin, citric acid, fruit juice color, natural flavor), RASPBERRIES, NONFAT MILK, CONTAINS 2% OR LESS OF: EGG YOLKS, WATER, WHEY, LOCUST BEAN GUM, GUAR GUM, CARRAGEENAN, DEXTROSE, NATURAL FLAVOR, YELLOW #5.

CONTAINS: MILK, EGGS.

PRODUCED IN A FACILITY THAT HANDLES: PEANUTS, WHEAT, MILK, EGGS, SOY, TREE NUTS.