

Nutrition Facts

Serving size 1 Scoop (66g)

Amount per serving

Calories 140

% Daily Value*

Total Fat 7g 9%

Saturated Fat 5g 25%

Trans Fat 0g

Cholesterol 30mg 10%

Sodium 35mg 2%

Total Carbohydrate 18g 7%

Dietary Fiber 1g 4%

Total Sugars 15g

Includes 13g Added Sugars 26%

Protein 3g

Vitamin D 1mcg 6%

Calcium 71mg 6%

Iron 2mg 10%

Potassium 167mg 4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

WHOLE MILK, CREAM, SUGAR, CHOCOLATE RASPBERRY CUPS (sugar, coconut oil, corn syrup, cocoa processed with alkali, raspberries, palm kernel oil, cocoa, soy lecithin [emulsifier], natural flavors, citric acid, milk), WATER, CHOCOLATE FUDGE WAVE (corn syrup, water, sugar, sweetened condensed milk, cocoa processed with alkali, modified food starch, nonfat dry milk, citric acid, cellulose gum, dextrose, potassium sorbate, salt, carrageenan, gum arabic, tricalcium phosphate, silicon dioxide, vanilla extract), COCOA, NONFAT MILK, CONTAINS 2% OR LESS OF: EGG YOLKS, WHEY, LOCUST BEAN GUM, GUAR GUM, CARRAGEENAN, DEXTROSE.

CONTAINS: MILK, EGGS, SOY.

PRODUCED IN A FACILITY THAT HANDLES:
PEANUTS, WHEAT, MILK, EGGS, SOY, TREE NUTS.